

SECTION 5 – HOUSE PHASES

Orientation Phase – All new house members start off in initial phase.

- House members may leave the house for work, to find a job or to attend 12-step meetings at any time. For any other reasons house members must inform house manager and receive approval prior to leaving
- Each house member will be assigned a big sister

Requirements to advance to phase 1:

- Must have lived in the house for at least 2-weeks
- No house rule violations during initial phase
- Attend at least 6 self help meetings
- Must have each house members name memorized and know at least 3 things about each house member

Phase 1 – Eligible for phase 1 (once stabilization phase requirements are completed).

- House members may leave the house for work, to find a job or to attend 12-step meetings at any time. For any other reasons house members must inform house manager and receive approval prior to leaving.
- House members must be home by 10:00 p.m. Monday through Sunday. When returning be considerate of your roommates and other. House members must remain home till no earlier than 6:00 a.m. every day.
- No overnight passes.
- No house guests (exceptions: family and children may come with prior approval from house manager)
- Attend all treatment sessions and house meetings (can miss 0 sessions)

Requirements to advance to phase 2:

- Must have lived in the house for at least 30-days
- Attain and start using a 12-step sponsor (start working on first 3 steps with sponsor)
- Memorize the first 3 steps of the 12 steps and present in house meeting
- Attend a minimum of 3 12-step meetings per week
- Present phase up request to house meeting and be voted up by house

Phase 2 – Eligible for phase 2 (once phase 1 requirements are completed).

- 11:00 p.m. curfew Sunday through Thursday, 12:00am curfew Friday and Saturday. When returning be considerate of your roommates and other. House members must remain home till no earlier than 6:00 a.m. every day.
- Overnight pass eligible. Passes must be approved by house manager or on call SOS staff and/or director (Chores must be covered, all house fees must be current and house member must be in overall good standing prior to approval)
- House Guest Eligible
- Attend all treatment sessions (can have 3 excused absences, with prior approval)

Requirements to advance to phase 3:

- Must have lived in house for at least 2 months
- Continue using a 12-step sponsor and (completed steps 4-5)
- Memorize steps 4-9 of the 12 steps and present in house meeting
- Attend a minimum of 3 12-step meetings per week
- Present phase up request to house meeting and be voted up by house

Phase 3 – Eligible for phase 3 (once phase 2 requirements are completed).

- 12:00 p.m. curfew Sunday through Thursday, 2:00am curfew Friday and Saturday. When returning be considerate of your roommates and other. House members must remain home till no earlier than 6:00 a.m. every day.
- Extended and Overnight passes eligible. Passes need to be approved, by the house manager and (if approved) other house members must be informed. (Chores must be covered, all lodger fees must be current, and house member must be in overall good standing for approval)
- If out and need to stay out all night, but didn't plan ahead and notify house captain and sign log, must either call the house captain before 11:00 pm or call one of the SOS House Sponsor/Recovery Support Staff.
- Attend all aftercare sessions and house meetings (can have 3 excused absences, with prior approval)

Requirements to advance to transition phase:

- Must have lived in house for at least 3 months
- Continue using a 12-step sponsor and (complete steps 6-7)
- Write a detailed paper outlining plans for re-entry into the community. This paper must include: 1) a weekly meeting schedule, 2) work schedule, 3) budget with savings plan, 4) description of living arrangements and a relapse prevention plan
- Memorize steps 10-12 of the 12 steps and present in house meeting
- Continued attendance of at least 3 12-step meetings per week
- Present graduation request to house meeting and be voted up by house

Transition/Graduation Phase- Eligible for transition phase (once phase 3 requirements are completed).

Transition/Graduation phase lasts for 1 month).

Requirements to fully graduate:

- Demonstrate “recovery based” stable housing
- Continue using a 12-step sponsor and (working on steps 8-9)
- Continued attendance of at least 3 12-step meetings per week
- Attend Graduation

*** Remember: Moving up to a higher phase is earned and is not guaranteed solely based on continued residency. Phase advancement is based upon the residences overall adherence to house rules, achieving phase requirements, attendance, input from other house members and house captain and the judgment of SOS staff (the House Sponsor and Director).**

A House member who does not follow all the house rules and complete the phase requirements is subject to dropping down to a lower phase.

By signing below I acknowledge that I have read and understand all of the rules, requirements and policies listed above and understand that NON-ADHERENCE TO THESE RULES/RESPONSIBILITIES CAN BE CAUSE FOR IMMEDIATE EVICTION.

House Members Signature: _____

Date: _____

(If under age of 18)

Parent/Guardian Signature: _____

Date: _____

SOS Staff Signature: _____

Date: _____